



Social Capital
By
Green Rameswaram Trust



Bhagavad Geeta Jayanthi

On 25 December, 2020 Geeta Jayanthi was organised by Vivekananda Kendra NARDEP at Green Rameswaram Building. Many children participated in the programme.



Event started with the prayer by Sister Sankari and Team



Shri.Hegdeji, Yoga teacher, Green Rameswaram welcomed the gathering

Children participated in the cultural programme by dressing like Krishna, Radha and Aandaal etc.



Glimpses of the cultural event by the Children

Shri.Sarvathananda from ISKON, Rameswaram was the chief guest. He gave a very nice talk on Karma yoga and advised the audience to surrender to Lord Krishna so that he will give strength to solve all the problems.



Shri.Hegdeji honouring Shri.Sarvathananda



Students performing song on Sri Krishna



Peacock Dance Academy students gave a performance on ten avatars of Lord Vishnu

Sister Saraswathi gave a vote of thanks followed prasadam distribution and presentation of Geeta books to 30 students by IKSON, Rameswaram.

Yoga class for Police Personnel

Apart from regular morning and evening yoga classes for gents and ladies at Green Rameswaram building, Shri.Hegdeji conducted yoga classes for 55 police personnel on every Saturday at Sri Varthini Mahal and Ganesh Mahal. Pranayama and Jala Neti techniques were also introduced. Shri.Hegdeji's students helped him in taking the class. Shri.Deepak, Additional Superintendent of Police was instrumental in organising the sessions.



Youtube Videos

Shri.Krishnamurthiji's "Daily thoughts" and Dr.Ganapathy's "Daily home herbal remedies" were uploaded on the youtube in the month of December.

Webinars by Shri.N.Krisnamurthi, Senior worker of Vivekananda Kendra

Date	Webinar Title	Youtube link
08/12/2020	Science and Spirituality	https://youtu.be/Amd-ib_YVl8
14/12/2020	Lamp in the pot: JC Kumarappa	https://youtu.be/yUJMImlLdEX0
18/12/2020	Lamp in the pot: Krishnammal Jaganathan	https://youtu.be/j13XEG5_IW0
27/12/2020	Geeta Jayanthi	https://youtu.be/BscCH66JeTQ
28/12/2020	Lamp in the pot: Pandurang Shastri Athavale	https://youtu.be/EI-3RFFML1w

