



Green Health

By
Green Rameswaram Trust



Community Yoga protocol updates

Community yoga protocol project which was implemented at Rameswaram concluded on 31st July. 18 people including 15, above the age of 60 participated online. Following are the results of the midline tests conducted by us.

- 13 People are having Good immunity
- 2 people are having moderate immunity
- 8 people are having good mobility
- 7 people are having moderate mobility

None of the participants are in red zone. In the end line report, further improvement is expected.

