



Social Capital

By Vivekananda Kendra - Nardep



1. Yoga:

Regular Yoga classes conducted every morning from 5.30 a.m. for about 30 Children participants.

2. International Yoga Day Celebration

Indian Navy invited Vivekananda Kendra to conduct International Yoga Day at their Navy base office at Mandapam, Rameswaram on 21/07/2017. Yoga master Shri.Hegdeji along with two students conducted the session. Around 150 cadets participated.



Not only the Navy Cadets but our National Bird Peacock also attended the camp



Shri. Hegdeji receiving the memento on the occasion of World Yoga Day

3. Spoken Hindi Classes

28 students of different age groups attended Spoken Hindi class. Shri.Hegdeji is the resource person.

4. Spoken English Classes

5 students attended Spoken English Class.

